

Weighing In Obesity Food Justice And The Limits Of Capitalism

More Than Just Food Cultivating Food Justice Everybody Eats Food Justice Food Justice Food Justice Undone Food Justice and Narrative Ethics Food Justice Now! Food Justice in US and Global Contexts Growing Gardens, Building Power Food Justice and the Industrial Food System Just Food Food Justice in American Cities Food Justice in American Cities Addressing Environmental and Food Justice toward Dismantling the School-to-Prison Pipeline Can Food Justice be Raceless? Weighing In The New Food Activism Life on the Other Border Our Food, Our Right Garrett Broad Alison Hope Alkon Marianne LeGreco Saryta Rodríguez Robert Gottlieb Hanna Garth Beth A. Dixon Joshua Sbicca Ian Werkheiser Justin Sean Myers Michael B. Elmes Jill M. Dieterle Sabine O'Hara Sabine O'Hara Anthony J. Nocella II Kidan Araya Julie Guthman Alison Alkon Teresa M. Mares Community Alliance for Global Justice More Than Just Food Cultivating Food Justice Everybody Eats Food Justice Food Justice Food Justice Undone Food Justice and Narrative Ethics Food Justice Now! Food Justice in US and Global Contexts Growing Gardens, Building Power Food Justice and the Industrial Food System Just Food Food Justice in American Cities Food Justice in American Cities Addressing Environmental and Food Justice toward Dismantling the School-to-Prison Pipeline Can Food Justice be Raceless? Weighing In The New Food Activism Life on the Other Border Our Food, Our Right *Garrett Broad Alison Hope Alkon Marianne LeGreco Saryta Rodríguez Robert Gottlieb Hanna Garth Beth A. Dixon Joshua Sbicca Ian Werkheiser Justin Sean Myers Michael B. Elmes Jill M. Dieterle Sabine O'Hara Sabine O'Hara Anthony J. Nocella II Kidan Araya Julie Guthman Alison Alkon Teresa M. Mares Community Alliance for Global Justice*

raising concerns about health the environment and economic inequality critics of the industrial food system insist that we are in crisis in response food justice activists based in marginalized low income communities of color across the united states have developed community based solutions to the nation s food system problems arguing that activities like urban agriculture cultural nutrition education and food related social enterprises can be an integral part of systemic social change highlighting the work of community services unlimited a south los angeles food justice group founded by the black panther party more than just food explores the possibilities and limitations of the community based approach offering a networked examination of the food justice movement in the age of the nonprofit

industrial complex provided by publisher

documents how racial and social inequalities are built into our food system and how communities are creating environmentally sustainable and socially just alternatives

everybody eats tells the story of food justice in greensboro north carolina a midsize city in the southern united states the city s residents found themselves in the middle of conversations about food insecurity and justice when they reached the top of the food research and action center s list of major cities experiencing food hardship greensboro s local food communities chose to confront these high rates of food insecurity by engaging neighborhood voices mobilizing creative resources at the community level and sustaining conversations across the local food system within three years of reaching the peak of frac s list greensboro saw an 8 percent drop in its food hardship rate and moved from first to fourteenth in frac s list using eight case studies of food justice activism from urban farms to mobile farmers markets shared kitchens to food policy councils everybody eats highlights the importance of communication and communicating social justice specifically in building the kinds of infrastructure needed to create secure and just food systems

food justice a primer is a collection of essays by activists academics farmers and others involved in the food justice movement examining food justice and food sovereignty from a variety of angles these essays range in scope and tone from personal hands on experiences to macro level observations of how communities ability to both access healthful justly produced food and determine for themselves how they are fed can be improved upon including efforts currently underway toward these ends for too long the food justice movement has been senselessly divided between those who focus on the rights of humans and those who uphold the rights of nonhumans in truth the most just and efficient way forward to promote this cause is for these communities to come together and work in solidarity with one another as myriad individuals and organizations around the world demonstrate with their hard work and careful analysis this book aims to illustrate why this is necessary while confirming that it is possible in hopes of inspiring further cooperation and collaboration between seemingly disparate causes under the umbrella of food justice every book sold helps support casa vegana de la comunidad a community led food justice project from chilis on wheels based in puerto rico chilis on wheels founded the now permanent community house after providing hurricane relief to thousands of puerto ricans after hurricane maria in 2017 the organization also helps provide food and other resources to homeless people and nonhuman people through its various chapters across mainland u s endorsements this is an incredibly urgent intersection that needs to be addressed by both the vegan animal rights movement and greater food justice movement rodriguez hits the nail on the head we cannot solve one without the other animal rights activists need to

understand that getting the world to go vegan especially without consideration as to where our plant foods come from will not automatically fix local national and global systems of food production and redistribution meanwhile food justice activists need to understand that the production and consumption of animal products works directly against their own objectives i m thrilled that there is finally a book that addresses these discrepancies to both audiences this is a new favorite that i will definitely be recommending to all my friends and colleagues karla r vargas co founder of la raza for liberation food justice a primer critically examines the overlapping connections between various liberation movements managing to do so unapologetically yet accessibly this is the perfect read for anyone who cares about changing the world jasmin singer senior editor of vegnews magazine co host of the our hen house podcast with 7 5 billion people on the planet today there has never been a stronger disconnect between what we choose to eat and the impact those choices have on our planet and the living beings who inhabit it food justice a primer draws critical connections between agriculture s environmental impact food scarcity inequality and justice for all human and non human alike this powerful collaborative effort is a must read for anyone who eats hope bohanec executive director of compassionate living project manager at united poultry concerns this incredible book is thoughtful inclusive and comprehensive and provides the requisite readings and perspectives to fully understand and address the issues and challenges before us locally and globally most importantly it is a call to action that resonates with my favorite three words si se puede stephen ritz top ten finalist of the global teacher prize founder of green bronx machine

the story of how the emerging food justice movement is seeking to transform the american food system from seed to table in today s food system farm workers face difficult and hazardous conditions low income neighborhoods lack supermarkets but abound in fast food restaurants and liquor stores food products emphasize convenience rather than wholesomeness and the international reach of american fast food franchises has been a major contributor to an epidemic of globesity to combat these inequities and excesses a movement for food justice has emerged in recent years seeking to transform the food system from seed to table in food justice robert gottlieb and anupama joshi tell the story of this emerging movement a food justice framework ensures that the benefits and risks of how food is grown and processed transported distributed and consumed are shared equitably gottlieb and joshi recount the history of food injustices and describe current efforts to change the system including community gardens and farmer training in holyoke massachusetts youth empowerment through the rethinkers in new orleans farm to school programs across the country and the los angeles school system s elimination of sugary soft drinks from its cafeterias and they tell how food activism has succeeded at the highest level advocates waged a grassroots campaign that convinced the obama white house to plant a vegetable garden the first comprehensive inquiry into this emerging movement food justice

addresses the increasing disconnect between food and culture that has resulted from our highly industrialized food system

breaks open the privilege and promise of food justice to envision a radical liberatory future food justice activists have worked to increase access to healthy food in low income communities of color across the united states yet despite their best intentions they often perpetuate food access inequalities and racial stereotypes hanna garth shows how the movement has been affected by misconceptions and assumptions about residents as well as by unclear definitions of justice and what it means to be healthy focusing on broad structures and microlevel processes garth reveals how power dynamics shape social justice movements in particular ways drawing on twelve years of ethnographic research garth examines what motivates people from more affluent majority white areas of the city to intervene in south central los angeles she argues that the concepts of food justice and healthy food operate as racially coded language reinforcing the idea that health problems in low income black and brown communities can be solved through individual behavior rather than structural change food justice undone explores the stakes of social justice and the possibility of multiracial coalitions working toward a better future

beth a dixon explores how food justice impacts on human lives stories and reports in national media feature on the one hand hunger famine and food scarcity and on the other rising rates of morbid obesity and health issues other stories food justice narratives illustrate how to correct the ethical damage created by the first type of story they detail the nature of oppression and structural injustice and show how these conditions constrain choices truncate moral agency and limit opportunities to live well with stories from national media food and farming memoirs and scholarly ethnographies dixon reveals how different food narratives are constructed and enable identification of just solutions to issues surrounding food insecurity farm labor and the lived experience of obesity drawing on aristotle s concept of ethical perception dixon demonstrates how we can use narratives to enhance our understanding and ethical competence about injustice in relation to food food justice and narrative ethics is a must read for students of food studies philosophy and media studies

a rallying cry to link the food justice movement to broader social justice debates the united states is a nation of foodies and food activists many of them progressives and yet their overwhelming concern for what they consume often hinders their engagement with social justice more broadly food justice now charts a path from food activism to social justice activism that integrates the two it calls on the food focused to broaden and deepen their commitment to the struggle against structural inequalities both within and beyond the food system in an engrossing historically grounded and ethnographically rich narrative joshua sbicca argues that food justice is more than just a myopic focus on food allowing scholars

and activists alike to investigate the causes behind inequities and evaluate and implement political strategies to overcome them focusing on carceral labor and immigration crises sbicca tells the stories of three california based food movement organizations showing that when activists use food to confront neoliberal capitalism and institutional racism they can creatively expand how to practice and achieve food justice sbicca sets his central argument in opposition to apolitical and individual solutions discussing national food movement campaigns and the need for economically and racially just food policies a matter of vital public concern with deep implications for building collective power across a diversity of interests

this book offers fresh perspectives on issues of food justice the chapters emerged from a series of annual workshops on food justice held at michigan state university between 2013 and 2015 which brought together a wide variety of interested people to learn from and work with each other food justice can be studied from such diverse perspectives as philosophy anthropology economics gender and sexuality studies geography history literary criticism philosophy and sociology as well as the human dimensions of agricultural and environmental sciences as such interdisciplinary workshops are a much needed vehicle to improve our understanding of the subject which is at the center of a vibrant and growing discourse not only among academics from a wide range of disciplines but also among policy makers and community activists the book includes their perspectives offering a wide range of approaches to and conceptions of food justice in a variety of contexts this invaluable work requires readers to cross boundaries and be open to new ideas based on different assumptions

across the united states marginalized communities are organizing to address social economic and environmental inequities through building community food systems rooted in the principles of social justice but how exactly are communities doing this work why are residents tackling these issues through food what are their successes and what barriers are they encountering this book dives into the heart of the food justice movement through an exploration of east new york farms enyf one of the oldest food justice organizations in brooklyn and one that emerged from a bottom up asset oriented development model it details the food inequities the community faces and what produced them how and why residents mobilized to turn vacant land into community gardens and the struggles the organization has encountered as they worked to feed residents through urban farms and farmers markets this book also discusses how through the politics of food justice enyf has challenged the growth oriented development politics of city hall opposed the neoliberalization of food politics navigated the funding constraints of philanthropy and the welfare state and opposed the entrance of a walmart into their community through telling this story growing gardens building power offers insights into how the food justice

movement is challenging the major structures and institutions that seek to curtail the transformative power of the food justice movement and its efforts to build a more just and sustainable world

organizational food justice exploring social movements and resistance to industrial agriculture presents food justice as resistance to the current industrial food system in the us from the perspective of discourse and practice the book frames the injustices of the current industrial food system with an emphasis on growing levels of hunger and obesity in the us poor wages among farm and food workers abuse of farmworker labor and unsustainable farm incomes organizational food justice examines the industrial food system from the perspective of discourse and practice and introduces food related social movements that have arisen since the 1960s as resistance these movements include the organic food movement the slow food movement the labor justice movement including the rise of the united farm workers organization and more recently the coalition of immokalee workers the food sovereignty movement as well as growing interest in urban agriculture including guerilla gardening and producer agricultural cooperatives to conclude the book discusses the future of the food system in the us given these varied and competing discourses and practices while there has been work on social movements that has emphasized discourse and practice that work has never been contextualized in the wider industrial food system or in relation to other forms of resistance to the system or books that look at the food system from a discursive or practice perspective with respect to organizational or field change this unique book offers a critical perspective on the industrial food system and educates readers around how different organizations are practicing food justice whilst also offering readers insight into the future of food system given these competing discourses and practices

who has access and who is denied access to food and why what are the consequences of food insecurity what would it take for the food system to be just just food philosophy justice and food presents thirteen new philosophical essays that explore the causes and consequences of the inequities of our contemporary food system it examines why 842 million people globally are unable to meet their dietary needs and why food insecurity is not simply a matter of insufficient supply the book looks at how food insecurity tracks other social injustices covering topics such as race gender and property as well as food sovereignty food deserts and locavorism the essays in this volume make an important and timely contribution to the wider philosophical debate around food distribution and justice

this book documents food insecurity in urban communities across the united states and asks whether emerging urban food and agriculture initiatives can address the food security needs of american city dwellers while america has sufficient food to feed its entire population 38 million people are food insecure with urban communities and communities of

color having long borne the brunt of food inequalities this book traces the evolving story of food by describing the people behind food system statistics focusing on cities and suburban communities across america in doing so it raises questions not only about food security but about a food economy that can foster justice and sustainability and combat hunger and waste by linking human faces to the data the book reveals the many connections between food insecurity and unsustainable practices the book concludes by discussing some of the pathways toward a more sustainable and just food system by linking the food system to the larger economy and the many sectors that are connected to food because of these multifaceted connections food can be a unique catalyst for creating pathways toward a more just and sustainable economy that is more aligned with nature this book will be of great interest to students and scholars of food justice food security urban food and agriculture urban sustainability and sustainable food systems more broadly

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this cutting edge collection of essays presents to the reader leading voices within food justice environmental justice and school to prison pipeline movements while many schools community organizers professors politicians unions teachers parents youth social workers and youth advocates are focusing on curriculum discipline policies policing practices incarceration demographics and diversity of staff the authors of this book argue that even if all those issues are addressed healthy food and living environment are fundamental to the emancipation of youth this book is for anyone who wants to truly understand the school to prison pipeline as well as those interested in peace social justice environmentalism racial justice youth advocacy transformative justice food veganism and economic justice

previous research around food justice primarily examines grassroots community efforts in the united states to address issues of inequitable food access and hunger through challenging institutional racism in local food systems agyeman and alkon 2012 using a case study of grow a food justice campaign from development organization oxfam international this research discusses the ways that international development organizations adopt food justice principles into anti hunger activities i apply frameworks of food justice critical race theory intersectionality theory critical geographic development studies and neoliberalism philosophy to support my findings i argue that race is absent in oxfam s application and conceptualization of food justice and this absence undermines their work in producing solutions to the structural problems of hunger my findings conclude that this campaign lacks a challenge to capitalistic solutions and focus on people driven change this research provides insight to strengthen ngo strategies and programs to better respond global food injustice

a bold compelling challenge to conventional thinking about obesity and its fixes weighing in is one of the most important books on food politics to hit the shelves in a long time susanne freidberg author of fresh a perishable history weighing in is filled with counterintuitive surprises that should make us skeptics of all kinds of food whether local fast slow junk or health but also gives us the practical tools to effectively scrutinize the stale buffet of popularly accepted health wisdom before we digest it paul robbins professor of geography and development university of arizona if you liked michael pollan this should be your next read guthman gives us the research behind the questions we should be asking but falling all over ourselves in the rush to consensus we have overlooked a self described berkeley foodie guthman takes on the self satisfaction of the alternative food movement and places it in rich context drawing on research in health economics labor agriculture sociology and politics this marvelous surprising book is a true game changer in our national conversation about food and justice anna kirkland author of fat rights dilemmas of difference and personhood this groundbreaking book calls into question the ubiquitous claim that good food will solve the social and health dilemmas of today combining political economic analysis cultural critique and clear explanation of scientific discoveries the author challenges our deeply held convictions about society food bodies and environments becky mansfield editor of privatization property and the remaking of nature society relations step back from that farmer s market guthman shows us that good foods and good eating are not enough by questioning the fuzzy facts on obesity the impact of environment and capitalism s relentless push to consume weighing in challenges us to think harder and better about what it really takes to be healthy in the modern age carolyn de la pena author of empty pleasures the story of artificial sweetener from saccharin to splenda

new and exciting forms of food activism are emerging as supporters of sustainable

agriculture increasingly recognize the need for a broader more strategic and more politicized food politics that engages with questions of social racial and economic justice this book highlights examples of campaigns to restrict industrial agriculture s use of pesticides and other harmful technologies struggles to improve the pay and conditions of workers throughout the food system and alternative projects that seek to de emphasize notions of individualism and private ownership grounded in over a decade of scholarly critique of food activism this volume seeks to answer the question of what next inspiring scholars students and activists toward collective cooperative and oppositional struggles for change provided by publisher

in her timely new book teresa m mares explores the intersections of structural vulnerability and food insecurity experienced by migrant farmworkers in the northeastern borderlands of the united states through ethnographic portraits of latinx farmworkers who labor in vermont s dairy industry mares powerfully illuminates the complex and resilient ways workers sustain themselves and their families while also serving as the backbone of the state s agricultural economy in doing so life on the other border exposes how broader movements for food justice and labor rights play out in the agricultural sector and powerfully points to the misaligned agriculture and immigration policies impacting our food system today

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